

Whispers of Hope

Horse Farm

2017 SUMMER DAY CAMP

Challenged Riders



SUMMER CAMPS

During the summer, there will be several DAY CAMPS for the students to participate in. This time together will be very beneficial in building motor and communication skills, and will help the students in developing more independence. There will be fun activities and arts and craft projects. The children will be able to spend quality time riding their favorite horses.

\$30.00 Fee and \$10.00 T-Shirt

Summer Day Camps, Challenged Riders

Tuesday, Wednesday, Thursday

9:30 am - 11:30 am

June 20st -22nd

& July 11th-13th

Seek Camps - All day/evening events at Lake Bridgeport. Call for more information on this.

THERAPEUTIC RIDING

Research has proven that students who participate in therapeutic riding can experience physical, emotional, and mental rewards. Individuals with impaired mobility can benefit from the gentle and rhythmic movements of their bodies with the horse, similar to a human walking gait. These riders can experience increased balance, muscle control and strength. Other skills that they can learn include self-confidence, visual focus, development of body coordination, and eye-to-hand coordination, empathy, teamwork, relationship skills, anxiety reduction, leisure skills, strengthening of muscles, and much more. Individuals with learning or mental disabilities are motivated by riding to increase their concentration, patience, & discipline. Unique relationships formed with a horse can help improve interpersonal relationships when emotional or psychological disabilities are present.

WHO BENEFITS?

Children who have physical disabilities resulting from birth defects, injuries or accidents can benefit. Students with Spinal Bifida, Multiple Sclerosis, Paraplegia, Cerebral Palsy, Down's Syndrome, Autism, CVA, ADHD, brain injury, mental retardation, visual impairment, hearing impairment, At-Risk Youth and others fall into the groups with great potential for improvement.

Special Events for the Public

April 1st Equestrian Special Olympics

Come to the Whispers of Hope covered arena to see our Show Horses & Challenged Riders compete for the Gold and get prepared for State May 19-21, 2017.

TABSHA show season starts April 8th - Oct 28th, with Shows on June 25th and July 22nd are held at our facility.

Challenged youth ride predominantly from 10 am - noon. Come out and eat in our Fundraiser Room and see them ride along with our dedicated Jr. Volunteers who really make this all happen. We need YOU-- THE PUBLIC-- to come and cheer them on!

THERAPY SESSIONS

Weekly lessons with our instructors provide direct guidance and therapeutic assistance. Each youth will be scheduled for a once-a-week visit, individually or as a group of five (based on need). We assign a specific horse to the youth so that they may develop a bond of trust with the horse. The volunteers and the students will work together each week. There will be exercises, games and events that the student will participate in to develop the skills they individually need. These classes run in 6 week- long sessions with 2 weeks off in between. There is no charge for these services. Donations are accepted.

Challenged Rider Schedule

March 21- April 22th ** 1st & 2nd Session

April 1st, 2017 Special Olympics our arena

April 25th - May 27th 2nd Session

(SEE OUR SUMMER CAMP SCHEDULE)

September 5th - October 14th 3rd Session

October 31st - December 16th ** 4th Session

Barn Closed

April 13th - no evening classes

November 19th -24th Closed for Thanksgiving

December 17- No classes

OUR MISSION

Our mission at Whispers of Hope Horse Farm is enriching the lives of mentally and physically challenged individuals utilizing therapeutic riding. There is no cost to challenged children and to our wounded soldiers during regular sessions.

Whispers of Hope Horse Farm is a non-profit 501 (C) 3 organization. **It is a facility designed to assist physically and mentally challenged youth, ages 2-18, offering hope for a better future.** What a blessing to see individuals with challenges riding a horse. They sit taller and smile more and their spirit is truly alive. Horseback riding provides challenges as well as rewards. Riders are encouraged to expand the limits of their abilities in environments that promote success.

Whispers of Hope



Horse Farm

2017 SUMMER DAY CAMP

Junior Volunteers



Junior Volunteers & Campers NEW CLASS ACTIVITIES MORE HORSE TIME!!!

GAMES, CRAFTS, AND RIDING

\$125.00 a Week includes T shirt

\$100.00 each additional week

- ❖ Learn how to care for horses
- ❖ Learn how to ride properly
- ❖ Meet new/old friends and have fun while you are learning.
- ❖ Learn to work with challenged youth
- ❖ Learn responsibility and sharing
- ❖ Work on proper grammar and manners

What to bring with you each day:

BRING your LUNCH & a Snack or Two.

BRING a BIG JUG of COLD WATER or GATORADE!
We will refill.

Wear Old clothes - Jeans and T-shirt
Old shoes/boots must be totally enclosed

No spaghetti straps or halter tops

No body parts exposed! Safety is First!

Sunscreen & hat, towel, swim suit or
T-shirt & shorts allowed for "Hot Friday's" for
water fun times "IF" no water restrictions.

Parents, Junior volunteers are a very important part of our program. There are various ways young people can volunteer their talents: as horse handlers, spotters, barn keepers, maintenance workers, organizers, and team leaders.

During the summer, Junior Volunteers ages 10-18 are able to come to Whispers of Hope for full days where they learn to work around the barn with the horses and other volunteers, performing daily chores as campers. This program runs from June through July and helps keep the youth motivated and active. No couch potatoes here! **Tuesday thru Friday** during each camp session, they will **arrive at 8 am** with sack lunch and water jug and shall be picked up **4:00 pm**. They will learn teamwork, compassion, motivation, and responsibility, among other things. If they are interested, they will also be able to learn more about riding, in a supervised setting. As a non-profit organization, each child's \$125.00 weekly fee goes directly to buy feed and supplies for the horses.

Let your children be part of a mission which enables other young people with challenges to become more productive in their own lives. This mission can only succeed with God's grace and the support of our volunteers. Thank you for your help.

2017 Junior Volunteer Training Camps & CAMPERS Schedule

Tuesday thru Friday 8:00 am to 4:00 pm

June 6-9* (Staff Training & 1st regular)

Must have been approved by MEP to become staffer this year

June 13-16 * June 20-23 @

June 27- June 30 * July 4-7*

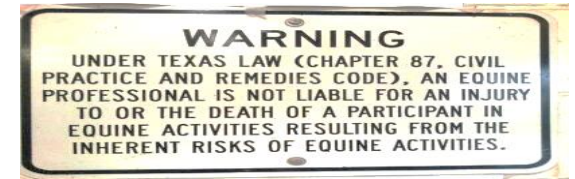
July 11-14 * @ July 18-21 *

You may attend one or all camps!

Pre campers ages 6-9 may attend * weeks.

Challenged campers come on @ week.

Forms to Register & Save your space are on line at <http://whispersofhopeHF.org>



I WANT TO COME TO DAY CAMP!

(COMPLETE THE PRE-APPLICATION BELOW)

All Campers are Welcome!

Name _____ age _____

Address: _____

City/State/Zip _____

Phone# _____ ER# _____

Parent's name: _____

Please circle the date(s) of the camp(s) you wish to attend: 1 2 3 4 5 6 7

1st week of Camp -\$125.00 each add'l \$100

Whispers camp T-shirt \$10.00 each

Please circle size.

Youth 6/8, 10/12, 14/16, Adult - S M L XL

Total enclosed \$ _____ ck# _____

I would like to participate in CAMP as:
(Please check appropriate one)

Challenged Rider Jr. Volunteer Camper

The Full application & information is on line

Send your pre-application to:

Whispers of Hope Horse Farm
3545 Parkhill Rd. Wichita Falls, TX 76310
Email: whispersofhopeHF@aol.com



Use the scan feature on your smart phone to go right to our

<http://whispersofhopeHF.org>

Directions: The facility is located on the Northwest end of town. On Kell Freeway, go west to Barnett Rd and exit. Turn North (Right) onto Barnett and go to Seymour Hwy. Turn West (Left) onto Seymour Hwy. Go approx. 1/2 mile to Parkhill Rd. Turn right onto Parkhill Rd. and go 3/10 mile to the double gravel driveway with **round Whispers sign** and turn in there. Follow the gravel to the Covered arena. This is the CHECK IN and PICK UP point on the Pavillion/plavaround area.