

Mission

Our mission at Whispers of Hope Horse Farm is to assist mentally and physically challenged youth through therapeutic riding at no cost.

Therapeutic Riding

- ✦ Research has proven that children who participate in therapeutic riding experience physical, emotional, and mental rewards.
- ✦ Individuals with impaired mobility benefit from the gentle and rhythmic movements of their bodies with the horse, similar to a human walking gait. They experience increased balance, muscle control, strength.
- ✦ Skills gained include self-confidence, visual focus, and development of eye to hand coordination and body coordination.
- ✦ Empathy, teamwork, relaxation and anxiety reduction, are real benefits.
- ✦ Individuals with learning or mental disabilities are motivated by riding to increase concentration, patience and self discipline.



The unique bond formed with a horse can improve interpersonal relationships when psychological and emotional disabilities are present.

Who Benefits?

Children with physical disabilities resulting from birth defects, injuries, or accidents. Spinal Bifida, Multiple Sclerosis, Autism, the hearing impaired, CVA, Cerebral Palsy, Brain injury, visually impaired, Down Syndrome, At - Risk Youth, Paraplegia, ADHD, and many others.

I WANT TO HELP BY:

Donating my time, goods, services:

- ♥ Volunteer in a weekly class
- ♥ Volunteer at special events
- ♥ Donate a horse or tack
- ♥ Donate office, barn or other supplies
- ♥ Donate my special skills: Fundraising, publicity, carpentry, welding, electrical, and plumbing, photography, etc.

Donating funds to help:

- ♥ The Scholarship Fund
- ♥ Donate in memory/honor of person/pet.
- ♥ Sponsor a special event
- ♥ \$75.00 month Horse Sponsorship
- ♥ \$125.00 Youth Sponsorship per 6 week session.
- ♥ Donate wherever needed for: Vet bills, Farrier service, and Capital Funds

Expenses

\$6,893 Liability & Compensation Insurance
\$1,400.00 every 30 days for grain
\$2,200.00 every 30 days for hay
\$1,424.00 monthly utilities

NO DONATION IS TOO SMALL!

ALL Donations are Welcome!

Send your donation or request to:

Whispers of Hope Horse Farm

3545 Parkhill Rd. Wichita Falls, TX 76310

Name: _____

Address: _____

City/State/Zip: _____

Phone#: _____

Donations: \$ _____

For: _____

Specification: _____

*All donations will receive a Tax donation receipt.
We are a 501©3 Tax ID Number 01-0620340*

2014

Whispers of Hope Horse Farm

Enriching the lives of mentally and physically challenged individuals through equine therapy

3545 Parkhill Road
Wichita Falls, Texas 76310
940-696-8044

<http://WhispersofhopeHF.org>

E-Mail: WhispersofhopeHF@aol.com

Whispers of Hope Horse Farm, a therapeutic non-profit organization was founded by Mary Elizabeth Pearce, in 1999. The facility is designed to assist mentally or physically challenged youth, ages 2-19, with therapeutic horseback riding **at no cost to any child**. What a blessing to see individuals with challenges riding a horse as they sit taller and smile more. Horseback riding provides challenges as well as rewards. Riders are encouraged to expand the limits of their abilities in environments that promote success. ALL children who reside in Texoma are eligible to participate.



VOLUNTEERS

Volunteers are a very important part of making this program successful. There are various ways you can use your talents:

- ❖ office staff, organizers, schedule coordinators
- ❖ horse handlers, spotters, day supervisors
- ❖ barn keepers, maintenance workers
- ❖ fundraisers

Be a part of a great mission to allow those with challenges to become more productive in their own lives.

Whispers of Hope Horse Farm desires to partner with churches, small and large groups, organizations and individuals who are called to assist us in the continuation of this program.

This program can only succeed with God's grace and the support of volunteers and contributors.

Jr. Volunteer Program

This is where your child (10 and above) comes and works 4 hours a week (feeding, cleaning and helping others), pays \$10.00 to buy a bag of feed and receives a 45 min. riding lesson per week. If

they volunteer more time they get more riding. Jr. Volunteers learn responsibility, how to help others, and generally develop a better attitude toward themselves and others. Their contribution to Whispers is irreplaceable.

Wounded Soldiers Program

We are honored to serve some of our soldiers who have been wounded as they served our country. On Friday mornings they come out to Whispers of Hope to perhaps ride high in the saddle, play with the dogs, or just walk around enjoying the fresh air. Seeking normalcy after all they have been through, we hope they find a bit of it here with our gentle horses that will always listen but never tell anyone what was said.

See our Website for a map to 3545 Parkhill Rd.

www.whispersofhopeHF.org

2014 BARN/RIDER SCHEDULE

Each session is 6 weeks long, with a 2 week break between sessions.

February 18 - March 29 1st Session

March 17 - Annual Meeting 6:30 p.m.

Falls Chapel United Methodist Church

April 13 – April 20 Closed Easter Holy week

April 5th Special Olympics Arena 9:00 a.m.

April 15 - May 24 2nd Session

June 3-6 Pre Camp Training

June through July see Summer Sessions

August 4 – 8 Bridgeport

September 8 - October 18 3rd Session

September 20th Special Events:

- Henrietta Parade 10:00 a.m.
- Horse Show at the Bridwell Ag Center

October 25 Harvest Party 4-8 p.m.

November 3 - December 20 4th Session

November 26 - 30 Closed for Thanksgiving

Therapy Sessions & Weekly Lessons

Weekly lessons with our instructors provide direct guidance and therapeutic assistance. Each youth will be scheduled for a once-a-week visit, individually or as a group (based on need). A specific horse is assigned to each child so that they may develop a bond of trust with that horse. Volunteers and students work together each week. There will be exercises, games, and events that the student will be involved with to develop skills so that they will be able to participate in Special Olympics and local horse shows.

Summer Sessions

This is our main source of revenue other than donations. Each year we strive to provide the campers with new challenges and knowledge that will enhance their learning & enjoyment. As they share their excitement with others we hope to bring new horse lovers into the program. Small group lessons on subjects like horse, veterinary, therapy, and styles of riding will be taught. We will have horse centered crafts and activities. New and returning campers ages 10-15 are able to come to the barn for full days during the summer where they learn to work around the barn helping with chores and horses. Campers arrive at 8 am with sack lunches and water and are picked up again at 4:00 pm. Attend one or all of the weeks. The cost is \$125.00 for the first week and this includes a T-Shirt! Additional week \$115.00.

Pre-Campers: They can leave at 12 or stay until 4:00 depending on each child's level.

Challenged Camp: There are two, 2 hour Day Camps in which the students may participate.

Camp 2014 (Tuesday – Friday)

June 10-13	8:00 – 4:00	Regular & Staff training
June 17-20	8:00 – 4:00 8:00-12/4:00	Regular Pre-campers
June 24-27	8:00 – 4:00 8:00 -12/4:00	Regular Pre-Campers
June 24-26	9:30-11:30	Challenged
July 1-3	8:00 – 4:00 8:00-12/4:00	Regular Pre-Campers
July 8-11	8:00 – 4:00 8:00-12/4:00	Regular Pre-Campers
July 8-10	9:30 -11:30	Challenged
July 15-18	8:00 – 4:00 8:00 -12/4:00	Regular Pre-Campers
July 22-25	8:00 – 4:00	Regular 10 & older