

Whispers of Hope

Horse Farm



2021 Summer Day Camp

Challenged Riders

GAMES, ACTIVITIES, AND RIDING
\$50.00

- ⌘ Build motor and communication skills
- ⌘ Help students develop independence
- ⌘ Fun activities
- ⌘ Spend quality time with favorite horses
- ⌘ Ride horses

ALL RIDERS ARE REQUIRED TO WEAR:

- ⌘ Boots with heels
- ⌘ Appropriate helmets
- ⌘ T-Shirt and Long Jeans or Pants

\$50.00 fee- includes T-shirt
Challenged Riders Summer Day Camp
Tuesday thru Friday
10:00 a.m. – 12:00 p.m.

Therapeutic Riding

Research has proven that students who participate in therapeutic riding can experience physical, emotional, and mental rewards. Individuals with impaired mobility can benefit from the gentle and rhythmic movements of their bodies with the horse, similar to a human walking gait. These riders can experience increased balance, muscle control and strength. Other skills that they can learn include selfconfidence, visual focus, development of body coordination, and eye-to-hand coordination, empathy, teamwork, relationship skills, anxiety reduction, leisure skills, strengthening of muscles, and much more. Individuals with learning or mental disabilities are motivated by riding to increase their concentration, patience, & discipline. Unique relationships formed with a horse can help improve interpersonal relationships when emotional or psychological disabilities are present.

Who Benefits?

Children with physical disabilities resulting from birth defects, injuries, accidents, unknown, Spina Bifida, Multiple Sclerosis, Autism, the hearing impaired, CVA, Cerebral Palsy, Brain injury, visually impaired, Down Syndrome, At-Risk Youth, Paraplegia, ADHD, and many others.

Special Events for the Public

Hopefully, Special Olympics events will resume after being cancelled for 2020 due to the coronavirus pandemic.

WOHHF show season is scheduled to begin in April running the 2nd Saturday of each month thru November **held at our facility.**

This is for Challenged Riders as well as all able-bodied youth & adult riders from all over. We need YOU -- THE PUBLIC-- to come and cheer them on for any event!

Therapy Sessions

Weekly lessons with our instructors provide direct guidance and therapeutic assistance. Each youth will be scheduled for a once-a-week visit, individually or as a group of five (based on need). We assign a specific horse to the youth so that they may develop a bond of trust with the horse. The volunteers and the students will work together each week. There will be exercises, games and events that the student will participate in to develop the skills they individually need. These classes run in 12 week- long sessions – March to May & Sept to Dec, There is no charge for these services. Donations are accepted.

Weekly Therapy Rider Schedule

March 2 – May 20	1st Session
Sept 14 – Dec 16	2nd Session

Challenged Summer Camp June 29 – July 2

AUGUST	Barn Closed	No Riding
NOV 21 - 28	Horses rest	Closed for Thanksgiving
DEC 17 - FEB 28		No Classes

**** Private riding lessons are available by appointment**

Therapy Sessions

Our mission at Whispers of Hope Horse Farm is enriching the lives of mentally and physically challenged individuals utilizing therapeutic riding. There is no cost to challenged children and to our wounded soldiers during regular sessions.

Whispers of Hope Horse Farm is a non-profit 501 (C) 3 organization. **It is a facility designed to assist physically and mentally challenged youth, ages 2-18, offering hope for a better future.** What a blessing to see individuals with challenges

Whispers of Hope

Horse Farm



Day Campers

GAMES, ACTIVITIES, AND RIDING

\$150.00 per Week includes T shirt

- 🐾 Learn how to care for horses
- 🐾 Learn how to ride properly
- 🐾 Learn to work with challenged youth
- 🐾 Learn responsibility and sharing
- 🐾 Work on proper grammar and manners
- 🐾 Meet new/old friends and have fun while you are learning.

ALL RIDERS ARE REQUIRED TO WEAR:

- 🐾 Boots with heels
- 🐾 Appropriate helmets
- 🐾 T-Shirt and Long Jeans or Pants

Directions: The facility is located on the Northwest end of town. On Kell Freeway, go west to Barnett Rd and exit. Turn North (Right) onto Barnett and go to Seymour Hwy. Turn West (Left) onto Seymour Hwy. Go approx. 1/2 mile to Parkhill Rd. Turn right onto Parkhill Rd. and go 3/10 mile to the double gravel driveway with Whispers sign and turn in there. Follow the gravel to the Covered arena. This is the CHECK IN and PICK UP point on the Pavilion & Playground.

PARENTS Day Campers are a very important part of our program. There are various ways young people can express their talents: as horse handlers, spotters, barn keepers, maintenance workers, organizers, and team leaders.

Summer Camp 2021 will be conducted as last year in order to have fewer children per session. We are offering ½ day sessions to a maximum of 10 children in each session, accepted on a first come-first served basis. They will learn teamwork, compassion, motivation, and responsibility, among other things. They will also be able to learn more about riding, in a supervised setting. As a non-profit organization, each child's \$150 weekly fee goes directly to buy feed and supplies for the horses. Private riding lessons are available by appointment for both Western & English-style riding. Contact us at: englishlessons@whispersofhopehf.org – or – westernlessons@whispersofhopehf.org.

WARNING
UNDER TEXAS LAW
(CHAPTER 87, CIVIL PRACTICE AND REMEDIES CODE),
A FARM ANIMAL PROFESSIONAL IS NOT LIABLE
FOR AN INJURY TO OR THE DEATH OF A PARTICIPANT
IN FARM ANIMAL ACTIVITIES RESULTING FROM THE
INHERENT RISKS OF FARM ANIMAL ACTIVITIES.

2021 All Staff Training
 May 29 8:30 am- 4:30 pm
 (this training is mandatory)
 2021 CAMPERS Schedule
 Tuesday thru Friday

June 1 - 4 June 22 - 25
 June 8 - 11 July 6 - 9
 June 15 - 18 July 13 - 16

You may attend one or all camps!
 Forms to Register & Save your space are
 on line at <http://whispersofhopeHF.org>

I WANT TO COME TO DAY CAMP!

All Campers are Welcome

(COMPLETE THE PRE-APPLICATION BELOW)

Name _____ age _____

Address: _____

City/State/Zip _____

Phone# _____ ER# _____

Parent's name: _____

I would like to participate in CAMP as:
 (Please check appropriate one and circle dates.)

- | | |
|--------------------------------------------------|-------------|
| <input type="checkbox"/> Challenged Rider (\$50) | 10am – 12pm |
| June 29 – July 2 | _____ |
| <input type="checkbox"/> Day Camp (\$150 ea.) | 8am – 12pm |
| June 1 - 4 | _____ |
| June 8 - 11 | _____ |
| June 15 - 18 | _____ |
| June 22 – 25 | _____ |
| July 6 – 9 | _____ |
| July 13 - 16 | _____ |

Each session is \$150 (includes T shirt)
 Please circle size.

Youth 6/8, 10/12, 14/16, Adult – S M L XL

Total enclosed \$ _____ Ck# _____

The Full application & information is on line
 Send your pre-application to:
 Whispers of Hope Horse Farm
 3545 Parkhill Rd. Wichita Falls, TX 76310
 Email: director@whispersofhopehf.org



Use the scan feature on your smart
 phone to go right to our web site.

<http://whispersofhopeHF.org>